



My Vaccine Gameplan

The best teams have a solid gameplan. I can fill out my own plan so that I feel prepared and confident getting my vaccine!

1. How do I feel about getting the COVID vaccine?

- a. Excited
- b. Upset
- c. Nervous
- d. Other: _____

2. If I have questions about getting my vaccine, I can ask:

- a. Parent
- b. Friend
- c. My teacher or staff
- d. Other: _____

3. The most important reason I want to get a vaccine is:

- a. To help keep myself healthy
- b. To help protect my family and friends
- c. So that I can do more fun things with other people
- d. Other: _____

4. Some things that that will help me stay calm when I go to get my vaccine are:

- a. Wearing my headphones
- b. Watching a video on my phone
- c. Playing a game on my phone
- d. Other: _____

5. After I get my vaccine, I think I will feel:

- a. Excited
- b. Relieved
- c. Upset
- d. Other: _____

